## Colie's Closet

**Colie's Closet** is a non-profit peer education organization that works to spread the understanding of depression and the prevention of youth suicide within our community.

**Colie's** also has yearly fundraisers and donates the profits to pay for free therapy for depressed/suicidal youth.

## Goals:

-Promote awareness of depression

-Educate others about the warning signs of depression and suicide

-Spread the word that it is okay to talk about and get help for depression

-Donate funds to help students in the community receive help for depression

-Save lives

In partnership with:



According to the 2011 YRBS survey, 1 out of 4 high school students in BVSD reported feeling depressed at some point during the year.

"It is urgent that depression awareness and suicide prevention education reach elementary, middle, and high schools. Depression is treatable and suicide is preventable..."

-Ange Michalski, Colie's mother

## How You Can Help

**Students:** Join Colie's Closet. BVSD high school students are welcome to become members.

**Teachers:** Contact Kathy Valentine at <u>valstone2@hotmail.com</u> for a presentation in your classroom.

Community Members: Spread the word and make a tax-deductable donation so that we can continue to help the youth of our community.

## **Contact Information:**

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